

The Meaning of Smudge Smoke

Once you've smudged, take a second turn around and check the direction the smoke drifts in, it may be that there's a message for you and how to deal with the emotion that builds up when sharing a home with those we care for.

North moving Smoke

Clarity & Communication

The answer to the problem is there - you don't need to wait. It's time to talk, take the first step and open the lines of communication. Whether it be clearing the air or a laugh and a hug, now's the time.

East moving Smoke

The negative aspects are clearing away. What you've been feeling is just a regular build up, and a good cleanse has transmuted the negative and moved the energy on its way to be repurposed.

South moving Smoke

A healing time is coming. Work on self healing, relationship or family healing. It's time to shift your mindset and grow as a household.

West moving Smoke

Perhaps take a step back and breathe. Patience is the message. There's been some rash words and a run of temper. Time to remember how much you love this person (or persons,) time for both sides to work on listening.

